

QP CODE: 303022

Reg. No:

**Third Year Bachelor of Occupational Therapy Regular/Supplementary
Examinations November 2025**

Occupational Therapy in Psychiatry

Time: 3 Hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Elaborate on

(2x20=40)

1. Application of behaviour therapy principles in reducing anxiety related to studies in a 25-year-old student with generalised anxiety disorder.
2. The components of open system according to Model of Human Occupation and the related impairments in a person with Mania

Write notes on

(8x5=40)

3. Chaining.
4. Tactile defensiveness.
5. Thought diary.
6. Azima battery.
7. Halfway home.
8. Suicidal precautions while providing inpatient therapy.
9. Exposure and Response Prevention for Compulsions.
10. Strategies to improve communication for children with Autism Spectrum Disorders.

Short Answers

(10x2=20)

11. Habituation.
12. Self-regulation.
13. Occupational engagement.
14. Social participation.
15. Maximisation.
16. Routines.
17. Modeling.
18. Anhedonia.
19. Tests of abstraction.
20. Social context.
